| TITLE: SKYFALL | MUSIC: Skyfall | |
|---|---|---|
| **Choreographer** VAL PARRY | **ARTIST:** Adele | |
| **Date:** October 2012 | **LEVEL:** Intermediate | |
| http://www.dancers-r-us.co.uk | **INTRO – 32 Counts Starts on Main Vocals** | |
| **EMAIL: val@dancers-r-us.co.uk** | | |
| VIDEO – MUSIC LINK http://www.amazon.co.uk/Skyfall/dp/B009LZ7WLK  79p | | |

| **Forward Rock, Full turn back, back back cross x2, ¾ turn** | | |
|---|---|---|
| 1-2 & | Forward Rock on Left, Recover on Right, Close Left to Right (&) | |
| 3-4 | Turn ½ right stepping forward on Right,  Turn ½ right stepping back on Left | |
| &5 | Step back on Right, Step Back on Left, | |
| 6&7& | Cross Right over Left, Step back on Left, Step back on Right,  Cross Left over Right, | |
| 8& | Turn ¼ left stepping back on Right, Turn ½ left stepping forward on Left | [3] |

| **¼ Side rock cross, Side rock cross, Side drag and cross, Side rock** | | |
|---|---|---|
| 1-2& | Turn ¼ left rocking Right to right side, Recover on Left, Cross Right over Left, | [12] |
| 3-4& | Rock Left to left side, Recover weight on Right, Cross Left over Right | |
| 5-6& | Long Step to right, drag Left to Right, Take weight on Left | |
| 7-8& | Cross Right over Left, Rock Left to left side, Recover weight on Right  *** | [12] |

*** Restart Here WALL 4

| **Mambo ¼,, Pivot full turn, Coaster Cross, Turn ¼,Step back,Back Rock** | | |
|---|---|---|
| 1 – 2& | Rock forward on Left, Recover on Right, Turn ¼ Left stepping forward on Left (&), | [9] |
| 3&4& | Step forward on Right, Pivot ½ left, Turn ½ stepping back on Right, Step back on Left | |
| 5-6& | Step back on Right, Step together on Left, Cross Right in front of Left | |
| 7- 8& | Turn ¼ Right stepping Left back, Rock back on Right, Recover on Left | [12] |

| **Turn ½, Back rock ½, Run around ½ turn, Run forward 2, Rocking Chair** | | |
|---|---|---|
| 1-2&3 | Turn ½ left stepping back Right, Rock back on Left, Recover on Right, Turn ½ right stepping back on Left | |
| 4 & 5 | Run around ½ turn right stepping Right, Left, Right, | |
| 6 & | Run forward Left Run | |
| 7&8& | Rock forward on Left, Recover on Right, Rock back on Left, Recover on Right | [6] |
| | | |

**\*\*\*\* There is ONE RESTART on WALL 4**

**ENDING** - The  dance finishes on the back wall on count 32 – To finish front Step forward on  Left,  Cross Right over Left and slowly unwind to the front