

TITLE: HOLD ON
Choreographed by Val Parry
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MUSIC: Hold On To Our Love by James Fox
LEVEL: Intermediate
Counts [48] Walls [4] BPM [125]
INTRO: 12 Counts (One beat before vocals)



Step, sweep, touch; Side, close, cross; Side, behind, turn ¼; Side, Hitch Side;

- 1-3 Step forward left, sweep right, turning left ½ turn, touch right to left
- 4-6 Step right to right side, Close left to right, Cross right over left
- 7-9 Step left to left side, Cross right behind left, turn ¼ left stepping forward on left
- 10-12 Step to right on right, hitch left, step left to left side

Cross, turn, together; Point, hitch ¼, step; Step, rock out, replace; Cross, side, behind;

- 13-15 Cross right over left, Step back on left turning ¼ right, step right next to left
- 16-18 Point left to left side, hitch left turning ¼ right, step forward left
- 19-21 Step forward on right, rock out to left, replace weight on right
- 22-24 Cross Left over right, step right to right side, cross left behind right

Sway right, left, right; Step ¼, close, step; Cross, point, hitch; Cross, point, hitch;

- 25-27 Step right to right side swaying hips right, sway left, sway right,
- 28-30 Turning ¼ left step forward left, step right next to left, step on left in place
- 31-33 Cross right over left, point left to left side, hitch left across body
- 34-36 Cross left over right, point right to right side, hitch right across body

Step, hitch, turn; Step, drag, touch; Step, turn, step; Turn, turn, touch

- 37-39 Step large step forward on right, hitch left, pivot ¼ left on ball of right foot
- 40-42 Step left forward, drag right to left, touch right to left
- 43-45 Step forward on right, turn half right stepping forward on left, step right next to left
- 46-48 Turn ½ right stepping back on left, turn ½ right stepping forward right, touch left