


TITLE: NO GOOD ADVICE	MUSIC: No Good Advice by Girls Aloud	
CHOREOGRAPHER: Val Parry	CD Single	
Web site : http://www.dancers-r-us.co.uk Email : val@dancers-r-us.co.uk	1 Wall Absolute Beginner Linedance 150 BPM - 16 Beat intro	

Side, Cross, Side, Touch x 2

- 1 - 2 Step to right, cross left in front of right
- 3 - 4 Step to right, touch left next to right
- 5 - 6 Step to left, cross right in front of left
- 7 - 8 Step to left, touch right next to left

Step Forward, Pivot ¼ x 4

- 9 - 10 Step forward on right, pivot ¼ left
- 11 - 12 Step forward on right, pivot ¼ left
- 13 - 14 Step forward on right, pivot ¼ left
- 15 - 16 Step forward on right, pivot ¼ left

Point, Touch, Point, Touch, Walk forward,

- 17 - 18 Point toe to right, Touch right toe to left instep
- 19 - 20 Point toe to right, Touch right toe to left instep
- 21 - 22 Walk forward right, left
- 23 - 24 Walk forward right, left

Point, Touch, Point, Touch, Walk backwards,

- 25 - 26 Point toe to right, Touch right toe to left instep
- 27 - 28 Point toe to right, Touch right toe to left instep
- 29 - 30 Walk backwards right, left
- 31 - 32 Walk backwards right, left

REPEAT

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